

**PEAK
SWIMMING**

12230 Saratoga Sunnyvale Road
Saratoga, CA 95070
(408) 320-4868

www.peakswim.com

**Competitive Team
2010-2011**

Summer 2011 Practice Schedule

<p>TEAM ELITE</p>	<p>Lynbrook High School June 13-July 31: Morning Swim: M-F 7-9AM, Sat 9-11AM Afternoon Swim: M, T, Th, F 4:30-6:30PM Morning Dryland: M-F 9-10AM *Far Western Championships ends July 31. Swimmers competing at National Championships and Junior National Championships will continue practice in August. Practice schedule TBD.</p>
<p>Junior ELITE</p>	<p>Lynbrook High School June 13-July 31*: Morning Swim: M-F 7-8:45AM, Sat 9-11AM Afternoon Swim: M, Th 4:30-6:15PM Morning Dryland: T, W, F 9-9:30AM *Far Western Championships ends July 31. Swimmers competing at Junior National Championships and North American Challenge Cup/Western Zone All-Star will continue practice in August. Practice schedule TBD.</p>
<p>Age Group GOLD</p>	<p>Lynbrook High School June 13-July 29: M-F 7-8:15AM</p>
<p>Age Group SILVER</p>	<p>Lynbrook High School June 13-July 29: M-F 5:30-6:30PM</p>
<p>Age Group BRONZE</p>	<p>Lynbrook High School June 13-July 29: M-F 5:30-6:15PM</p>
<p>Team Fit 3</p>	<p>Lynbrook High School June 13-July 29: M-F 7-8:15AM</p>
<p>Team Fit 1&2</p>	<p>Indoor Aquatics Center June 13-July 29: M-F 7-8AM</p>